

OUR STORY

People often ask how Stone Soup Group got its name. Have you read or heard the Stone Soup fable? A hungry stranger arrives in a village that has fallen on hard times and no one is willing share their food. Since everyone claimed to have nothing to eat, she tells them she can make stone soup and places a stone in some water to boil. Eventually, the curious townspeople gather and she tells them the soup is done, but it would taste better with a carrot or an onion. One by one, the villagers add a vegetable or meat until there is enough nourishing, tasty soup to feed everyone in the village.

Like the villagers in the fable, families and providers of children with special needs gathered in 1992 to share ideas and resources forming Stone Soup Group. Today we continue to work to sustain the health and well-being of Alaskan children with special needs and their families. Through listening to the stories of families, we identify areas of need and work with communities to find solutions.

FOR MORE INFORMATION, CONTACT:

Stone Soup Group

307 E. Northern Lights Blvd. Ste. 100
Anchorage, Alaska 99503
(907) 561-3701
(877) 786-7327 toll-free
(907) 561-3702 fax

www.stonesoupgroup.org

Stone Soup Group is a 501(c)(3) nonprofit organization.



HELP US BRIGHTEN FUTURES!

You can make a difference for families who care for children with special needs throughout Alaska.

Show your support by making a donation to Stone Soup Group, and help us change lives!

Your generous donation of just \$25 or more could help us provide services such as support and activity groups, skill building training and emergency assistance for families.

Visit stonesoupgroup.org to make a secure donation, or contact us to explore other ways to give that will make a meaningful difference for years to come.

CHECK OUT OUR SOCIALS!



Supporting families who care
for children with special needs



WHAT WE DO

Stone Soup Group is a statewide nonprofit family resource center. Simply put, we support families who care for children with special needs from birth to age 26.

We have several resources and services created to help families become informed, experienced, self-sufficient advocates for themselves and their children. Stone Soup Group is a great place to start if a family is overwhelmed or needs help but doesn't know where to turn.

There is no charge to families for the majority of services we provide. Any family caring for a child with special needs is eligible to receive our services.



The majority of our staff and board are parents or family members of an individual with special needs too!

WHY STONE SOUP GROUP IS UNIQUE

Stone Soup Group understands the journey - because we've been there. The majority of our staff and board are parents or family members of an individual with special needs who know what it is like from a family perspective. We draw on our own experiences to assist others through a service called Parent Navigation.

What is Parent Navigation?

Parent Navigation is at the core of what we do. With experience and knowledge of programs and services throughout the community **Parent Navigators help families understand overwhelming and complex systems, as well as connect with other families and resources.**

For example, your daughter's school referred her for a special education evaluation, and you don't know what to do next. Maybe you heard about a Medicaid waiver, or program that could provide services for your teenage grandson with FASD, but you aren't sure if he is eligible. Or maybe your newborn has a cleft lip/palate or hearing loss and you don't know where to start.

A Parent Navigator can assist you, even if you don't know exactly what to ask for.

FAMILY SUPPORTS

Depending on where you are in your journey, support may look very different. Based on this, Stone Soup Group works closely with families providing support with each unique situation.

School

You don't have to go it alone. Parent Navigators can help equip you with the tools you need to understand your rights, the system and advocate for your child.



Each month Stone Soup Group offers activities, education & training for families and professionals. Find a current list of what's coming up online.

Learn more at stonesoupgroup.org!

Behavior

Challenging behaviors are often used by individuals with special needs when they can't express themselves in other ways. Stone Soup Group can help you recognize and understand these behaviors. Use us to learn coping skills and techniques for minimizing triggers.

Transitions

Whether it is making that first step entering school, or graduating and exploring post-secondary education opportunities, life transitions can be overwhelming for both children with special needs and parents. Together we can help you figure out what comes next.

Specialized

Many diagnoses can benefit from specialized information or programs. Whether it is assistance at a cleft lip/palate clinic, understanding autism and FASD or additional support surrounding early intervention and hearing issues, we can help you understand the diagnosis and what comes next.

Financial

Stone Soup Group may be able to assist eligible families in need of financial support. We help families locate and connect to resources, such as mini-grants for individuals with developmental disabilities.

