

**What you can expect:**

**All of our services  
are 100% confidential  
Services have no  
charge for families  
(some trainings  
do require a fee)  
Unbiased, accurate  
information**



**(907) 561-3701 (877) 756-7327**



**[www.stonesoupgroup.org](http://www.stonesoupgroup.org)**

**Stone Soup Group** ★



**Stone  
Soup  
Group** ★



**Who We Serve:**

- ★ **Parents and family members of a child from birth with special needs including medical, disability, mental health, and special education issues**
- ★ **Children and youth with special needs, no diagnosis required**
- ★ **Professionals who work with children with special needs**



**Supporting  
Families  
who Care  
for Children  
with Special  
Needs**



## Mission:

Stone Soup Group exists to sustain the health and well-being of Alaskan children with special needs and their families. Through listening to the stories of families, we identify areas of need and work with communities to find solutions.

## Vision:

Families statewide will be empowered to make informed decisions that will ensure every child who experiences special needs receives long-term, quality, coordinated care, and family support.

## What we do: Our Services:

Stone Soup Group is a non-profit that provides information, support, training, and resources to assist families caring for children with special needs. Our services are available statewide and most programs and services are no cost to families.

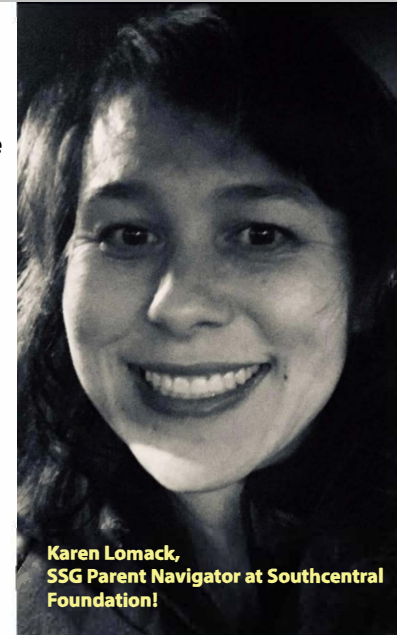
**Parent Navigation is assistance regarding health care information, school support, transitions, community, and financial resources or behavior related issues**

**STAR Navigation to assist with the paperwork and eligibility requirements to access services**

**Activities and training for family members and youth and for professionals– offered monthly on various topics**

**Family to Family connections with a trained parent “mentor” who has a child with similar diagnosis and is skilled at providing information and support**

**Help with other supports, such as developmental disability or behavioral health mini-grants, and transitions into adulthood**



**Karen Lomack,  
SSG Parent Navigator at Southcentral  
Foundation!**

Meet Karen Lomack, SSG Parent Navigator stationed at Southcentral Foundation! SSG is excited to partner with Southcentral Foundation to expand access to parent navigation services. Karen was born in Anchorage and raised in Akiachak. After living in Bethel, Karen moved back to Anchorage in 2005 and now calls it home. Karen has five children ranging in age from six to 21-years-old. Karen enjoys beading, long road trips, camping, fishing, boating, and participating in subsistence activities with her family. Karen has personal and professional experience “navigating the system.” She is eager to work with families and other caregivers who need information, training or resources to assist them in caring for children with special health care needs.